

Youth and Family Services

Program	Contact	Hours	Location	Services
Access Center (Janus Youth)	(503) 432-3986	365 days/year 9am-5pm by phone	Website Link 1635 SW Alder Street, Portland, Or	Single point-of-entry for youth ages 16 to 24 who are experiencing homelessness in Multnomah County. Provides immediate crisis support and access to a wide array of community services. Youth seeking services have immediate access to basic needs and safe shelter off the streets
Albertina Kerr Center	Access Services (503) 408-4705 General Info (503) 239-8101	Mon - Fri 8am-5pm	Website Link 424 NE 22nd Avenue Portland, OR	Offers children, teens and family mental health services and services for people with Intellectual & Developmental Disabilities (I/DD) Including residential services for those with I/DD.
Bridge House (Janus Youth)	(503) 341-0839 Send application to bridgehouse@janusyouth.org	24/7 Office Hours Mon-Fri 9am-5pm	Website Link	Transitional Living Program. Provides a 24/7 supervised home environment for seven youth ages 16 to 22 who are experiencing homelessness in Multnomah County. Bridge House also serves pregnant or parenting youth with children under the age of two. (typically a one to two month wait list)
CARES NW	(503) 276-9000	Mon-Fri 8am-5pm	Website Link 2800 N. Vancouver Avenue, Ste 201 Portland, OR	Child Abuse Response and Evaluation Services (CARES). stop child abuse and neglect through multidisciplinary prevention, medical evaluation, and ongoing treatment

<p>Insights Teen Parent Service</p>	<p>(503) 239-6996</p>	<p>Mon-Fri 9am-5pm</p>	<p>Website Link 4900 NE Glisan St. Portland, OR</p>	<p>Healthy Families & SEEDS home visiting programs, child welfare and foster care program, housing programs, Christina Project - parents under age 22 who have experienced intimate partner violence and school programs.</p>
<p>Impact NW</p>	<p>General (503) 721-6766</p> <p>Early Childhood Dev. (503) 721-6777</p> <p>Community Schools (503) 721-6778</p> <p>Job Training for Teens (503) 721-6750</p> <p>Programs for Youth Ages 5-21 (503) 721-6752</p>	<p>Mon-Fri 9am-4pm</p>	<p>Website Link Brentwood-Darlington Community Center 7211 SE 62nd Ave Portland, OR</p>	<p>Offers support services for youth to graduate high school/transition into adult life successfully. See range of programs on website. Youth and Family services and Early Development.</p>
<p>Juvenile Rights Project, Inc.</p>	<p>(503) 232-2540</p>	<p>Mon - Fri 8:30am-12pm, 1pm-5PM</p>	<p>Website Link 1785 NE Sandy Blvd, Suite 300 Portland, OR</p>	<p>Non-profit law firm for youth and families. Support: Community Resources, Delinquency, Emancipation, Expunction for Juvenile Records, Family Defense Project Find a Lawyer, Foster Care</p>
<p>Kinship House</p>	<p>(503) 460-2796</p> <p>Intake Coordinator (503) 724-1086 Intake@KinshipHouse.org.</p>	<p>Mon-Fri 8am-5pm</p>	<p>Website Link 1823 NE 8th Ave. Portland, OR</p>	<p>provides comprehensive outpatient therapy and advocacy for children experiencing foster care and adoption. Therapy, Advocacy and Psychiatry</p>
<p>Morrison Child and Family Services</p>	<p>General (Sandy) (503) 258-4200</p> <p>General (Portland) (503) 258-4555</p> <p>Clinic-Based Outpatient Central Intake Department 503-258-4381 or centralintake@morrisonkids.org</p> <p>Counterpoint Day Treatment (503) 736-6634</p>	<p>Mon-Fri 8am-5pm</p>	<p>Sandy Boulevard Offices (Portland) 11035 NE Sandy Blvd Portland, OR</p> <p>Portland Office 1507 NE 122nd Portland, OR</p>	<p>Trauma-informed, culturally-responsive programs, prevention, outpatient, community & school programming, Day treatment, foster care and respite, residential, shelter and unification services.</p>

<p>Multnomah Early Childhood Program (MECP)</p>	<p>(503) 261-5535</p>	<p>n/a</p>	<p><u>Website Link</u> 5208 NE 122nd Ave, Portland, OR 97230</p>	<p>(MECP), under the David Douglas School District, provides early intervention and early childhood special education services to children birth to age five in Multnomah County. serves families in all eight school districts</p>
<p>New Avenues for Youth (NAFY)</p>	<p>Main (503) 224-4339 info@newavenues.org</p> <p>Youth Opportunity Center (971) 754.4350</p>	<p>Main Location Hours <u>Mon & Wed</u> 9-10am 1-6pm</p> <p><u>Tue, Thurs, Fri</u> 9-10am 1-2pm 5-6pm</p> <p><u>Sat</u> 1-6pm</p>	<p><u>Website Link</u></p> <p>Mailing Address The Joyce N. Furman Bldg 1220 SW Columbia St Portland, OR</p> <p>Transitional Housing, SMYRC, Finance, & Admin 1220 SW Columbia St Portland, OR</p> <p>Drop-In Day Center, PAVE, Education, PDX-Connect, and Development 314 SW 9th Ave Portland, OR</p> <p>Youth Opportunity Center On the Campus of the Rockwood Boys & Girls Club 470 SE 165th Ave Portland, OR</p>	<p>Provides services for youth including food assistance, housing, counseling, job training, education opportunities, drop in services, supports for youth experiencing sex trafficking, addiction services, LGBTQIAS2+ services, support for youth in/out of foster care, pregnant and parenting support, and legal services.</p>
<p>OHSU Child Development and Rehabilitation Center</p>	<p>(503) 346-0640</p>	<p>Mon-Fri 9am-5pm</p>	<p><u>Website Link</u></p> <p>Doernbecher Children's Hospital 7th floor 700 S.W. Campus Dr Portland, OR</p>	<p>Staff specializes in diagnosis, assessment, and intervention related to disorders affecting development.</p> <p>Comprehensive, multidisciplinary, integrated evaluations, Individualized treatment planning</p> <p>Educational and behavioral consultation, Medical and psychopharmacologic interventions</p> <p>Clinical Programs in: Autism, Behavioral pediatrics, child development, cleft palate and craniofacial disorders, congenital brain anomalies</p> <p>Developmental Evaluation Clinic, Down syndrome, Feeding and swallowing disorders, Genetics and birth defects, Hemophilia, Metabolics, Neurodevelopmental Disabilities, Pediatric psychology, & Spina bifida.</p>

<p>Outside In</p>	<p>(503) 535-3800 info@outsidein.org</p>	<p>Mon, Thurs, Fri 8:30am-5pm</p> <p>Tue & Weds 8:30am-7:30pm</p>	<p>Website Link</p> <p>1132 SW 13th Ave, Portland, OR</p>	<p>Support services for young adults ages 16-24, experiencing homelessness. Individualized support includes, Housing, Education, Employment, Counseling, Health care, Healthy meals, Recreation and art, Safety off the streets.</p>
<p>Parry Center Trillium Family Services</p>	<p>(888) 295-6996 info@trilliumfamily.org</p>	<p>Mon-Fri 8am-5pm</p>	<p>Website Link</p> <p>3415 SE Powell Blvd Portland, OR</p>	<p>Mental health services for children ages 5-17, young adults ages 18-24. Intensive in patient, subacute treatment, psychiatric residential program, voluntary residential program for youth with severe mental health transitioning to independent living</p>
<p>p:ear</p>	<p>Main & Coffee Works 503-228-6677 info@pearmentor.org</p> <p>Coffee Works coffee@pearmentor.org</p> <p>Bike Works (971) 867-2965</p>	<p>Main Tue - Fri 9am - 2pm</p> <p>Coffee Works Mon-Fri 7-10am</p> <p>Bike Works <u>Tues</u> 10am-5pm <u>Weds-Fri</u> 11am-5pm <u>Sat</u> 10am-4pm</p>	<p>Website Link</p> <p>Coffee Works</p> <p>Bike Works</p> <p>Main & Coffee Works 338 NW 6th Ave. Portland, OR</p> <p>Bike Works 14127 SE Stark St Portland, OR</p>	<p>p:ear builds positive relationships with homeless youth through education, art, recreation and job training. includes p:ear barista school - Coffee Works and Bike Works; youth receive job training. Also offered pregnancy/parenting support, meals/cooking classes, arts/music, recreation.</p>
<p>Portland Youth Builders (PYB)</p>	<p>(503) 286-9350 info@pybpd.org</p>	<p>Mon-Fri 8:30am-4pm</p>	<p>Website Link</p> <p>4816 SE 92nd Ave, Portland, OR</p>	<p>Youthbuild Program : offers services to low-income youth aged 17-24 who want to finish high school, learn a trade, and get help finding a job and launching a career in construction or computer technology.</p> <p>Bridge Program provide high school graduates between the ages of 18-26 with a short-term intensive construction training program</p>

<p>Project Lemonade</p>	<p>General (503) 395-3976 info@projectlemonadepdx.org</p> <p>Store, WISH and scheduling schedule@projectlemonadepdx.org (503) 395-3976</p> <p>Internship and L+EARN rebecca@projectlemonadepdx.org.</p>	<p>Tue - Fri 10am - 5pm Sat 10am - 1pm</p>	<p><u>Website Link</u></p> <p>Store & Office 1008 Lloyd Center Portland, OR in the Lloyd Center Mall, 2nd Floor next to Visionworks</p>	<p>Services for youth in the foster care system. Clothing, back to school shopping, job training, and wish services - help fund activities such as attending camp or learning an instrument etc.</p>
<p>SMYRC (Sexual and Gender Minority Youth Resource Center)</p>	<p>smyrcinfo@newavenues.org or (503) 872-9664</p> <p>Instagram @smyrcpdx</p>	<p>Mon-Fri 10am-6pm</p>	<p><u>Website Link</u></p> <p>In Portland State University 1220 SW Columbia St, Portland, OR</p>	<p>Culturally specific support for LGBTQIA2S+ youth. harassment-free space for queer and trans youth ages 13-23, where you can create art, play music, and join in on our open mic nights, drag shows, and support groups. Services available :Food Pantry, Hygiene Supplies, Clothing Closet, Gender-Affirming Clothing, Virtual/In Person Check-Ins, Virtual/In Person Groups, Mental Health Support</p>
<p>Street Light/ Porch Light Youth Shelter (Janus Youth)</p>	<p>nsand@janusyouth.org</p> <p>Porch Light (503) 380-7200</p> <p>Street Light (503) 914-9100</p> <p>Access Center (503) 432-3986</p>	<p>Janus Youth Main Mon-Sun 9am-4pm</p> <p>Porch Light Every night of the year 8:45pm-8:45am</p> <p>Street Light Every night of the year 9pm-9am</p>	<p><u>Website Link</u></p> <p>Porch Light & Street Light 1635 SW Alder St, Portland, OR</p>	<p>Porch Light Youth-friendly shelter for ages 16-24 who are experiencing homelessness in Multnomah Co. Provides nourishing meals, socially distanced beds, showers and basic hygiene amenities. Provides support services as well. services are LGBTQ affirmative. Call first to confirm bed availability.</p> <p>Street Light Youth-friendly shelter for ages 16-24 who are experiencing homelessness in Multnomah Co. "Reservations" at the shelter for up to four months include a bed and locker. Provides support services as well. All services are LGBTQ affirmative. Please call the Access Center for more information.</p>

<p>Transitional Youth</p>	<p>Main (503) 350-7215 hello@transitional youth.org</p> <p>Housing Jason@Transitiona lYouth.org</p> <p>Breaking Cycles (971) 229-1674</p>	<p>Breaking Cycles Tue-Fri 8am-4pm Sat 9am-2pm</p>	<p>Website Link</p> <p>Breaking Cycles</p> <p>Housing Info</p> <p>1500 NW 167th Pl, Beaverton, OR</p> <p>Breaking Cycles 3354 SE Powell Blvd Portland, OR</p>	<p>Faith based organization. Job skills, housing, support services. Housing is separated by gender. Breaking cycles - bike shop/coffee shop job training. See housing information and locations through the link "Housing Info"</p>
<p>Women, Infants, & Children's Program (WIC)</p>	<p>Call to Apply (503) 988-3503</p> <p>Text Info Link English and Español</p>	<p>Location and Hours Link</p> <p>Customer Service</p> <p>Mon-Fri 8am - 5pm</p> <p>Often have same-day or next-day appointments</p>	<p>Website Link</p> <p>Referral Form</p>	<p>Provides healthy foods, nutrition education and breastfeeding support to low-income families in Multnomah Co. You might qualify for WIC if you're pregnant, a new mom, or if you have a baby or young children under 5 years old.</p>
<p>Yellow Brick Road Street Outreach</p>	<p>nsand@janusyouth .org</p> <p>(503) 233-6090</p>	<p>Janus Youth Main Mon-Sun 9am-4pm</p>	<p>Website Link</p>	<p>Community volunteer teams and professional staff walk the streets of downtown Portland help with homeless youth, helping meet their immediate needs and linking youth with services to help them get off the streets. A one-day a week stationary outreach location provides youth to basic services. Shower and laundry facilities, telephone and internet connection and additional supportive services.</p>