

Health/Medical Care

Program	Contact	Hours	Location	Services
211 Info	2-1-1 or 866-698-6155	24/7	211.org	Support with Resources including health and medical resources
Children's Community Clinic	(503) 284-5239	<p>Office Hours Mon - Fri 9am - 5pm</p> <p>Walk-In Appts Available Mon - Thurs 10am - 2pm (Please call first)</p> <p>Asthma/Allergy Specialty Clinic 4pm-7pm on 2nd/4th Weds</p> <p>Young Adult Clinic 1pm - 4pm on Weds</p>	<p>Website Link</p> <p>2252 Lloyd Center, Portland, OR</p> <p>Lloyd Center Mall, 3rd floor between Gentle Dental & Sears</p>	Provides healthcare to children, 0-21 years, of families who are underserved (uninsured and underinsured), regardless of ethnicity, geographic residency or ability to pay. (see website for costs)
Coalition of Community Health Clinics	(503) 546-4991 info@coalition-clinics.org	n/a	<p>Website Link</p> <p>PO Box 40010, Portland, OR</p>	Health and Housing, Advocacy, OHP Enrollment and support in access to health care
Multnomah County Primary Care Clinics	Appointments (503) 988-5558	Mon - Fri 7:30am - 5:30pm	<p>Website Link</p> <p>(see site for locations and hours)</p>	Multnomah County provides low-cost family health care at 7 locations. We provide care to all residents, including those who are low-income and uninsured.
Old Town Clinic (Central City Concern)	<p>Clinic: (503) 228-4533</p> <p>Pharmacy: (503) 944-4465</p> <p>Appointments: (971) 361-7888</p>	<p>Clinic Hours: <u>Mon, Tue, Thurs, Fri</u> - 8am-5pm <u>Weds</u> 9am-5pm</p> <p>Pharmacy Hours: <u>Mon, Tue, Thurs, Fri</u> 8:30am - 5:30pm <u>Weds</u> 9:30am-5:30pm</p>	<p>Website Link</p> <p>727 W Burnside St Portland, OR</p> <p>MAX Green, Orange and Yellow lines bus lines 1, 2, 4, 8, 9, 12, 17, 19, 20, 30, 35, 36, 44, 54, 56, 94 or 99</p>	Providers & treatment for acute and chronic health concerns/primary care, mental health support, care for substance use disorders and an on-site pharmacy

<p align="center">Outside In Clinic</p>	<p>Medical Clinics (503) 535-3860</p> <p>Pharmacy (503) 535-3888 pharmacy@ outsidein.org</p> <p>School Based Health Center – Milwaukie HS (503) 353-5847 Ext. 38700</p> <p>Mobile Medical Outreach (503) 535-3860</p> <p>Needle Exchange <u>Downtown Portland</u> (503) 535-3826</p> <p>General info@outsidein.org</p>	<p align="center">Mon, Thurs, Fri 8:30am-5pm</p> <p align="center">Tues, Weds 8:30am-7:30pm</p>	<p align="center"><u>Website Link</u></p> <p><u>Medical Clinic</u> <u>Downtown Portland</u> <u>Clinic</u> 1132 SW 13th Ave Portland, OR</p> <p><u>East Portland Clinic</u> 16144 E. Burnside St. Portland, OR</p> <p><u>School Based Health</u> <u>Center – Milwaukie</u> <u>HS</u> 2301 SE Willard St Milwaukie, OR</p> <p><u>Pharmacy</u> <u>Downtown Portland</u> 1132 SW 13th Ave Portland, OR</p> <p><u>Needle Exchange</u> <u>Downtown Portland</u> 1219 SW Main St Portland, OR</p>	<p>Provides medical services including transgender and gender non-conforming individuals, Physical, mental health, youth services including LGBTQIA+ youth. Pharmacy on site. Needle exchange.</p>
<p align="center">Partnership for Prescription Assistance → Medicine Assistance Tool</p>	<p>(571) 350-8643</p> <p align="center"><u>Contact Link</u></p>	<p align="center">n/a</p>	<p align="center"><u>Website Link</u></p>	<p>MAT, the Medicine Assistance Tool, matches patients with resources and cost-sharing programs that may help lower out-of-pocket costs, regardless of insurance status.</p>
<p align="center">Planned Parenthood</p>	<p>Appointments (888) 875-7820</p> <p>plannedparenthood.org</p>	<p align="center">NE Portland Tues 10am-4:30pm <u>Weds-Sat</u> 7:30am - 3:30pm</p> <p>Elsie H. Hillman <u>Mon, Fri, Sat</u> 8am-3:30pm <u>Tues, Thurs</u> 10am-5:30pm <u>Weds</u> 9am-3:30pm</p>	<p align="center"><u>Website Link</u></p> <p>NE Portland Clinic 3727 NE Martin Luther King Jr Blvd, Portland, OR</p> <p>Elsie H. Hillman East Clinic 14601 SE Division St, Portland, OR</p>	<p>Provides basic health care needs, reproductive health care.</p>
<p align="center">Quest Center for Integrative Health - Multnomah</p>	<p>(503) 238-5203</p> <p>info@quest-center.org</p>	<p align="center">Mon-Fri 8am-5pm</p>	<p align="center"><u>Website Link</u></p> <p>2901 E. Burnside Portland, OR bus line #19 & #20</p>	<p>Integrated behavioral and physical health services; HIV services, pain management, medical care and mental health care.</p>

Ride to Care	(503) 416-3955	24 hours a day, 7 days a week, 365 days a year	Website Link	Provides free non-emergent (not for an emergency) medical transportation. include vehicle-provided shared rides, public transportation passes or mileage reimbursement
Wallace Medical Concern	Administrative Office (503) 489-1760 Nurse Line (503) 489-1760	Mon-Fri 8am-5pm	Website Link Rockwood Dental & Medical Clinic 18633 SE Stark St., Ste. 401 Portland, OR Rosewood Dental Clinic 18139 NE Couch St. Portland, OR	Low-cost medical and dental care